

**2015-2017 - Boys and Girls - SPRING Schedule (12 Sessions -11 Mondays and 1 Friday)**

*\*Notice the single yellow highlighted date that differs from an original Monday*

April 13- Day 1 - Skills, Drills and Learnings

April 20 - Skills, Drills and Learnings

April 27 - Skills, Drills and Learnings

May 4 - PLAY DAY (Adapted games/wash etc)

May 11 - Skills, Drills and Learnings

**MAY 18 - NO SESSION**

May 25 - Skills, Drills and Learnings

June 1 - PLAY DAY (Adapted games/wash etc)

June 5 - FRIDAY (special one off) Skills, Drills and Learnings

June 8 - Skills, Drills and Learnings

June 15 - PLAY DAY (Adapted games/wash etc)

June 22 - Skills, Drills and Learnings

**June 29 - FINAL DAY - ADAPTED TOURNAMENT PLAY**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 29th TAKES PLACE AT EPC WEST LOCATION**

**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 29th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**

**2013/2014 Boys and Girls SECTION "A" - SPRING Schedule**  
**(23 Sessions - Tuesdays/Sundays)**

April 7 - Organizational Team Creation/ Ball Control  
April 12 - Organizational Team Creation/ Ball Control  
April 14 - First "Team" Practice - Group Skills - Game/Wash Opportunities here  
April 19 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)  
April 21 - Practice - Individual/Group Skill Work  
April 26 - Practice - Game Like Drills/TeamPlay/Team Learnings  
April 28 - Practice - Individual/Group Skill Work  
May 3 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 5 - Practice - Individual/Group Skill Work  
May 10 - PLAY DAY #2 - (2 Hour Full Round Robin Mini Tournament)  
May 12 - Practice - Individual/Group Skill Work

**May 17 -NO PRACTICE**

May 19 - Practice - Individual/Group Skill Work  
May 24 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 26 - Practice - Individual/Group Skill Work  
May 31 - PLAY DAY #3 - (2 Hour Full Round Robin Mini Tournament)  
June 2 - Practice - Individual/Group Skill Work  
June 7 - Practice - Game Like Drills/TeamPlay/Team Learnings  
June 9 - Practice - Individual/Group Skill Work  
June 14 - PLAY DAY #4 - (2 Hour Full Round Robin Mini Tournament))  
June 16 - Practice - Individual/Group Skill Work  
June 21 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)  
June 23 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

**June 28 - FINAL SESSION**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EPC WEST LOCATION**

**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**

## **2013/2014 Boys and Girls SPRING Schedule - "SECTION "B"**

### **(23 Sessions - Mondays & Fridays with 1 Sunday)**

*\*Notice the single yellow highlighted date that differs from an original Monday or Friday*

April 10 - Organizational Team Creation/ Ball Control

April 13 - Organizational Team Creation/ Ball Control

April 17 - First "Team" Practice - Group Skills - Game/Wash Opportunities here

April 20 - Practice - Individual/Group Skill Work

April 24 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)

April 27 - Practice - Game Like Drills/TeamPlay/Team Learnings

May 1- Practice - Individual/Group Skill Work

May 4 - Practice - Game Like Drills/TeamPlay/Team Learnings

May 8 - PLAY DAY #2 - (2 Hour Full Round Robin Mini Tournament)

May 11 - Practice - Individual/Group Skill Work

May 15 - Practice - Game Like Drills/TeamPlay/Team Learnings

**May 18 - NO PRACTICE**

May 22 - Practice - Game Like Drills/TeamPlay/Team Learnings

May 25 - Practice - Individual/Group Skill Work

May 29 - PLAY DAY #3 - (2 Hour Full Round Robin Mini Tournament)

June 1 - Practice - Individual/Group Skill Work

June 5 - Practice - Game Like Drills/TeamPlay/Team Learnings

June 8 - Practice - Game Like Drills/TeamPlay/Team Learnings

June 12 - Practice - Individual/Group Skill Work

June 15 - Practice - Individual/Group Skill Work

June 19 - PLAY DAY #4 - (2 Hour Full Round Robin Mini Tournament))

June 22 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

June 26 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

**June 28 - FINAL SESSION**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EPC WEST LOCATION**

**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**

**2011/2012 Boys and Girls - SPRING Schedule "SECTION A"**  
**(23 Sessions - Wednesdays/Sundays)**

April 8 - Organizational Team Creation/ Ball Control  
April 12 - Organizational Team Creation/ Ball Control  
April 15 - First "Team" Practice - Group Skills - Game/Wash Opportunities here  
April 19 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)  
April 22 - Practice - Individual/Group Skill Work  
April 26 - Practice - Game Like Drills/TeamPlay/Team Learnings  
April 29 - Practice - Individual/Group Skill Work  
May 3 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 6 - Practice - Individual/Group Skill Work  
May 10 - PLAY DAY #2 - (2 Hour Full Round Robin Mini Tournament)  
May 13 - Practice - Individual/Group Skill Work  
**May 17 -NO PRACTICE**  
May 20 - Practice - Individual/Group Skill Work  
May 24 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 27 - Practice - Individual/Group Skill Work  
May 31 - PLAY DAY #3 - (2 Hour Full Round Robin Mini Tournament)  
June 3 - Practice - Individual/Group Skill Work  
June 7 - Practice - Game Like Drills/TeamPlay/Team Learnings  
June 10 - Practice - Individual/Group Skill Work  
June 14 - PLAY DAY #4 - (2 Hour Full Round Robin Mini Tournament))  
June 17 - Practice - Individual/Group Skill Work  
June 21 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)  
June 24 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

**June 28 - FINAL SESSION**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EPC WEST LOCATION**

**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**

**2011/2012 Boys and Girls - SPRING Schedule EXCEL SECTION B**  
**(23 Sessions - Thursdays/Sundays)**

April 9 - Organizational Team Creation/ Ball Control  
April 12 - Organizational Team Creation/ Ball Control  
April 16 - First "Team" Practice - Group Skills - Game/Wash Opportunities here  
April 19 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)  
April 23 - Practice - Individual/Group Skill Work  
April 26 - Practice - Game Like Drills/TeamPlay/Team Learnings  
April 30 - Practice - Individual/Group Skill Work  
May 3 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 7 - Practice - Individual/Group Skill Work  
May 10 - PLAY DAY #2 - (2 Hour Full Round Robin Mini Tournament)  
May 14 - Practice - Individual/Group Skill Work  
**May 17 -NO PRACTICE**  
May 21 - Practice - Individual/Group Skill Work  
May 24 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 28 - Practice - Individual/Group Skill Work  
May 31 - PLAY DAY #3 - (2 Hour Full Round Robin Mini Tournament)  
June 4 - Practice - Individual/Group Skill Work  
June 7 - Practice - Game Like Drills/TeamPlay/Team Learnings  
June 11 - Practice - Individual/Group Skill Work  
June 14 - PLAY DAY #4 - (2 Hour Full Round Robin Mini Tournament))  
June 18 - Practice - Individual/Group Skill Work  
June 21 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)  
June 25 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

**June 28 - FINAL SESSION**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EPC WEST LOCATION**  
**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**

**2008-2010 Boys and Girls - SPRING Schedule**  
**(23 Sessions - Thursdays/Sundays)**

April 9 - Organizational Team Creation/ Ball Control  
April 12 - Organizational Team Creation/ Ball Control  
April 16 - First "Team" Practice - Group Skills - Game/Wash Opportunities here  
April 19 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)  
April 23 - Practice - Individual/Group Skill Work  
April 26 - Practice - Game Like Drills/TeamPlay/Team Learnings  
April 30 - Practice - Individual/Group Skill Work  
May 3 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 7 - Practice - Individual/Group Skill Work  
May 10 - PLAY DAY #2 - (2 Hour Full Round Robin Mini Tournament)  
May 14 - Practice - Individual/Group Skill Work

**May 17 -NO PRACTICE**

May 21 - Practice - Individual/Group Skill Work  
May 24 - Practice - Game Like Drills/TeamPlay/Team Learnings  
May 28 - Practice - Individual/Group Skill Work  
May 31 - PLAY DAY #3 - (2 Hour Full Round Robin Mini Tournament)  
June 4 - Practice - Individual/Group Skill Work  
June 7 - Practice - Game Like Drills/TeamPlay/Team Learnings  
June 11 - Practice - Individual/Group Skill Work  
June 14 - PLAY DAY #4 - (2 Hour Full Round Robin Mini Tournament))  
June 18 - Practice - Individual/Group Skill Work  
June 21 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)  
June 25 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

**June 28 - FINAL SESSION**

**\*WEST PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EPC WEST LOCATION**

**\*SOUTH PROGRAM - FINAL SESSION ON JUNE 28th TAKES PLACE AT EVPC SOUTH LOCATION**

**FINAL SESSION TIMEFRAME TO BE EMAILED TO FAMILIES ON JUNE 19th**