

Grades 10 - 12: FALL 2026 Schedule (23 Sessions - 11 Wednesdays and 12 Sundays)

September 13 - Organizational Team Creation / Ball Control

September 16 - Organizational Team Creation / Ball Control

September 20 - First "Team" Practice - Group Skills - Game/Wash Opportunities

September 23 - **PLAY DAY #1: SKILL BUILD** - (2 Hour Full Round Robin Mini Tournament)

September 27 - Practice - Individual/Group Skill Work

September 30 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 4 - Practice - Individual/Group Skill Work

October 7 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 11 - NO SESSION

October 14 - Practice - Individual/Group Skill Work

October 18 - **PLAY DAY #2: GAME BUILD** - (2 Hour Full Round Robin Mini Tournament with Referees)

October 21 - Practice - Individual/Group Skill Work

October 25 - Practice - Individual/Group Skill Work

October 28 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 1 - **PLAY DAY #3: SKILL BUILD** - (2 Hour Full Round Robin Mini Tournament)

November 4 - Practice - Individual/Group Skill Work

November 8 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 11 - Practice - Individual/Group Skill Work

November 15 - NO SESSION

November 18 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 22 - **PLAY DAY #4: GAME BUILD** - (2 Hour Full Round Robin Mini Tournament with Referees)

November 25 - Practice - Individual/Group Skill Work

November 29 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 2 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 6 - FINAL TOURNAMENT DAY

Grades 8 - 9: FALL 2026 Schedule (23 Sessions - 12 Tuesdays and 11 Sundays)

September 13 - Organizational Team Creation / Ball Control

September 15 - Organizational Team Creation / Ball Control

September 20 - First "Team" Practice - Group Skills - Game/Wash Opportunities

September 22 - **PLAY DAY #1: SKILL BUILD - (2 Hour Full Round Robin Mini Tournament)**

September 27 - Practice - Individual/Group Skill Work

September 29 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 4 - Practice - Individual/Group Skill Work

October 6 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 11 - NO SESSION

October 13 - Practice - Individual/Group Skill Work

October 18 - **PLAY DAY #2: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)**

October 20 - Practice - Individual/Group Skill Work

October 25 - Practice - Individual/Group Skill Work

October 27 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 1 - **PLAY DAY #3: SKILL BUILD - (2 Hour Full Round Robin Mini Tournament)**

November 3 - Practice - Individual/Group Skill Work

November 8 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 10 - Practice - Individual/Group Skill Work

November 15 - NO SESSION

November 17 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 22 - **PLAY DAY #4: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)**

November 24 - Practice - Individual/Group Skill Work

November 29 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 1 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 6 - FINAL TOURNAMENT DAY

Grades 6 - 7 *Section A*: FALL 2026 Schedule (23 Sessions - 12 Thursdays and 11 Sundays)

September 13 - Organizational Team Creation / Ball Control

September 17 - Organizational Team Creation / Ball Control

September 20 - First "Team" Practice - Group Skills - Game/Wash Opportunities

September 24 - PLAY DAY #1: SKILL BUILD (2 Hour Full Round Robin Mini Tournament)

September 27 - Practice - Individual/Group Skill Work

October 1 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 4 - Practice - Individual/Group Skill Work

October 8 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 11 - NO SESSION

October 15 - Practice - Individual/Group Skill Work

October 18 - PLAY DAY #2: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)

October 22 - Practice - Individual/Group Skill Work

October 25 - Practice - Individual/Group Skill Work

October 29 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 1 - PLAY DAY #3: SKILL BUILD - (2 Hour Full Round Robin Mini Tournament)

November 5 - Practice - Individual/Group Skill Work

November 8 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 12 - Practice - Individual/Group Skill Work

November 15 - NO SESSION

November 19 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 22 - PLAY DAY #4: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)

November 26 - Practice - Individual/Group Skill Work

November 29 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 3 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 6 - FINAL TOURNAMENT DAY

Grades 6 - 7 *Section B*: FALL 2026 Schedule (23 Sessions - 12 Mondays and 11 Fridays)

September 14 - Organizational Team Creation / Ball Control

September 18 - Organizational Team Creation / Ball Control

September 21 - First "Team" Practice - Group Skills - Game/Wash Opportunities

September 25 - **PLAY DAY #1: SKILL BUILD - (2 Hour Full Round Robin Mini Tournament)**

September 28 - Practice - Individual/Group Skill Work

October 2 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 5 - Practice - Individual/Group Skill Work

October 9 - Practice - Game Like Drills/TeamPlay/Team Learnings

October 12 - NO SESSION

October 16 - Practice - Individual/Group Skill Work

October 19 - **PLAY DAY #2: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)**

October 23 - Practice - Individual/Group Skill Work

October 26 - Practice - Individual/Group Skill Work

October 30 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 2 - **PLAY DAY #3: SKILL BUILD - (2 Hour Full Round Robin Mini Tournament)**

November 6 - Practice - Individual/Group Skill Work

November 9 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 13 - NO SESSION

November 16 - Individual/Group Skill Work

November 20 - Practice - Game Like Drills/TeamPlay/Team Learnings

November 23 - **PLAY DAY #4: GAME BUILD - (2 Hour Full Round Robin Mini Tournament with Referees)**

November 27 - Practice - Individual/Group Skill Work

November 30 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 4 - Practice - Positional Work (how to be a Setter/Power Hitter/Libero etc.)

December 7 - FINAL TOURNAMENT DAY

Grades 3 - 5: FALL 2026 Schedule (12 Sessions - Thursdays)

September 17 - Day 1 - Skills, Drills & Learnings

September 24 - Skills, Drills & Learnings

October 1 - Skills, Drills & Learnings

October 8 - PLAY DAY #1 (Adapted Games/Wash)

October 15 - Skills, Drills & Learnings

October 22 - Skills, Drills & Learnings

October 29 - PLAY DAY #2 (Adapted Games/Wash)

November 5 - Skills, Drills & Learnings

November 12 - Skills, Drills & Learnings

November 19 - PLAY DAY #3 (Adapted Games/Wash)

November 26 - Skills, Drills & Learnings

December 3 - FINAL DAY - Adapted Tournament Play